


























# BOLAY

## FRESH BOLD | *Kitchen*

### ALLERGEN GUIDE

PAGE 2	 FISH	 GLUTEN	 EGGS	 DAIRY	 SOY	 PEANUTS	 SHELLFISH	 TREE NUTS	 SESAME
Lemon Chicken					 SOY IN YEAST				
Steak Au Jus									
Spicy Thai Shrimp					 TAMARI		 SHRIMP		
Miso Glaze Tofu					 TOFU				 SESAME SEEDS & RA-YU
Chimichurri Tomatoes									
Parmesan Cheese				 PARMESAN CHEESE					
Avocado									
Fresh Cilantro									
Creamy Garlic & Herb Sauce									
Sriracha									
Cilantro Pesto									
Spicy Thai Sauce					 TAMARI		 SHRIMP		
Chocolate Chip Cookies			 EGGS	 BUTTER & MILK IN CHOCOLATE CHIP		 PROCESSED IN A FACILITY THAT CONTAINS PEANUTS		 PROCESSED IN A FACILITY THAT CONTAINS TREE NUTS	
Snickerdoodle Cookies			 EGGS						
Strawberry Chia Seed Pudding								 COCONUT MILK	